

New Delhi, dt 26.6.2001

No. 2000/H/7/4

The General Managers
Zonal Railways.

Sub : Implementation of scheme for provision of augmented First Aid facilities in 162 long distance trains and model stations.

Please refer to Board's letter No. 2000/H/7/4 dt. 4.9.2000 and 19.4.2001 whereby it was desired that the scheme of augmented First Aid facilities in all 162 long distance trains and at all model stations be implemented within a time bound schedule.

Keeping in view the practical difficulties in providing logistics of having augmented First Aid Boxes in all the long distance trains and model stations, the matter has been re-considered. Ministry of Railways have now decided that in the first instance, all the Shatabdi Express, Rajdhani Express and 30 other nominated trains as per the enclosed list (Annexure - I) would be provided with First Aid Boxes. Similarly, all 'A' class stations as per the enclosed list (Annexure - II) would be provided with Augmented First Aid Boxes during the period - I.

It has also been decided that Train Supdts. wherever available will be the custodians of the First Aid Boxes. The task of replenishment of the items of the First Aid Boxes from the respective Medical Authorities would, however, be entrusted to the Medical Personnel to be nominated by the Health Directorate. The First Aid Boxes will be kept in the Pantry Car of the train. Since Shatabdi Express train do not have Pantry Car facilities, these boxes will be kept at the Generator Car. DRMs will be responsible for organising logistics related to the storage, loading and unloading of the First Aid Boxes and the existing

in which are handling Drivers and Guards Boxes may be used for the
No new set up of staff should be created for this activity.

Inspection of these First Aid Boxes should be given greater emphasis and
continuous availability of all the items contained in the box have to be
Number of such inspections will be reflected in the MCDOs along with
number of special cases where First Aid has been provided to the passengers
It may also be ensured that frontline staff is spared for First Aid

All other instructions contained in letter dt. 4.9.2000 & 19.4.2001 shall
continue to hold good.

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24/7/01

**Executive Director, Health
Railway Board**

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**Director, Traffic Comml.(G)
Railway Board.**

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Railway

Trains nominated

CENTRAL

1019/1020 Konark Express
2137/2138 Punjab Mail
2133/2134 Pushpak Express
1063/1064 Vardar Express

EASTERN

2381/2382, 2303/2304 Poorva Express
2307/2308 Howrah-Jodhpur Express
2391/2392 Magadh Express ✓

NORTHERN

2401/2402 Shramjeevi Express
4257/4258 Kushi Visbwanath Exp.
2471/2472 Sarvodaya Express
4055/4056 Brahmaputra Mail

N.E.

2553/2554 Vaishali Express ✓
5205/5206 Lichhvi Express ✓
5063/5064 Avadh Express

N.F.

5659/5660 Kamrup Express
5621/5622 N.E. Express

SOUTHERN

2621/2622 Tamil Nadu Express
2615/2616 G.T. Express
2627/2628 Karnataka Express
2625/2626 Kerala Express

S.C.

2723/2724 A.P. Express
2703/2704 Falaknama Express
2779/2780 Goa Express

S.E.

2841/2842 Coromandal Express
2859/2860 Gitanjali Express
2801/2802 Purushottam Express
8001/8002 Howrah-Mumbai Mail (Via Nagpur)

WESTERN

2903/2904 Golden Temple Express
2955/2956 DCT-JP Express
2925/2926 Paschim Express

CENTRAL RAILWAY

पुणे रेल्वे

RAILWAY - WISE LIST OF 'A' CLASS STATIONS**Central Railway**

1. Bhopal	2. Habibganj	3. Nasik Road
4. Bhusaval	5. Akola	6. Jabalpur
7. Satna	8. Katni	9. Jhansi
10. Gwalior	11. Agra Cantt.	12. Mathura
13. Mumbai CST	14. Dadar	15. Thane
16. Kurla	17. Kalyan	18. Chandrapur
19. Nagpur	20. Pune	21. Solapur
22. Gulbarga		

Eastern Railway

1. Asansol	2. Durgapur	3. Patna
4. Danapur	5. Dhanbad	6. Howrah
7. Malda Town	8. Bhagalpur	9. Mughalsarai.
10. Gaya	11. Sealdah	

Northern Railway

1. Aligarh Jn	2. Allahabad Jn.	3. Kanpur Central
4. Ambala Cantt	3. Saharanpur	6. Bhatinda
7. Chandigarh	8. Shimla	9. Bikaner
10. New Delhi	11. Delhi.	12. Hazrat Nizamuddin
13. Meerut City	14. Jammu Tawi	15. Ludhiana
16. Pathankot	17. Amritsar	18. Ferozepur
19. Jodhpur	20. Varanasi	21. Faizabad
22. Lucknow	23. Bareilly	24. Moradabad
25. Dehradun	26. Haridwar	

N.E. Railway

1. Izatnagar	2. Lucknow Jn.	3. Badshahnagar
4. Basti	5. Gonda Jn.	6. Gorakhpur
7. Rawatpur	8. Samastipur Jn.	9. Darbhanga Jn.
10. Sonapur Jn.	11. Barauni Jn.	12. Muzaffarpur
13. Hazipur Jn.	14. Deoria Sadar	15. Chappra Jn.
16. Sevan Jn.	17. Manduadih	18. Mau

N.F. Railway

1. Alipurduar Jn.	2. New Alipurduar	3. New Jalpaiguri
4. Katihar	5. Kamakhya	6. Guwahati
7. Lumding	8. Dimapur	9. New Tinsukia

Southern Railway

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|------------------------|-------------------|------------------------|
| 1. Bangalore Cantt. | 2. Bangalore City | 3. Chennai Central |
| 4. Tiruttani | 5. Chennai Beach | 6. Chennai Egmore |
| 7. Mambalam | 8. Madurai Jn. | 9. Mysore Jn. |
| 10. Salem | 11. Palghat Jn. | 12. Coimbatore Jn. |
| 13. Calicut | 14. Cannanore | 15. Mangalore. |
| 16. Tiruchchirappalli | 17. Pondicherry | 18. Tiruchur (Trichur) |
| 19. Ernakulam Jn | 20. Kottayam | 21. Quilon Jn. |
| 22. Trivandrum Central | 23. Chengannur. | |

S.C. Railway

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|------------------|-----------------|-----------------|
| 1. Guntakal | 2. Tirupati | 3. Hubli |
| 4. Vasco-de-gama | 5. Kacheguda | 6. Nanded |
| 7. Warrangal | 8. Secunderabad | 9. Hyderabad. |
| 10. Vijayawada | 11. Nellore | 12. Rajahmundry |
| 13. Guntur | | |

S.E. Railway

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|-----------------|-----------------|---------------------------|
| 1. Adra | 2. Bilaspur | 3. Raipur |
| 4. Durg | 5. Tatanagar | 6. Chakradharpur |
| 7. Rourkela | 8. Kharagpur | 9. Cuttack |
| 10. Bhubaneswar | 11. Khurda Road | 12. Berhampur (Brakmapur) |
| 13. Puri | 14. Sambalpur | 15. Vishakapatnam |

Western Railway

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|-------------------|--------------------|-----------------|
| 1. Ajmer | 2. Gandhidham | 3. Udaipur City |
| 4. Bhavnagar City | 5. Jaipur | 6. Kota |
| 7. Agra Fort | 8. Vapi | 9. Valsad |
| 10. Bandra | 11. Mumbai Central | 12. Surat |
| 13. Dadar | 14. Rajkot | 15. Ratlam |
| 16. Indore | 17. Vadodara | 18. Bharuch |
| 19. Ahmedabad | | |

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GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS
(RAILWAY BOARD)

No.2000/H/7/4

New Delhi, dated - 14.11.2012

General Managers,
All Indian Railways.

(47)

Sub:- Provision of Augmented First Aid facility in long distance trains and at nominated stations.

Ref:- Board's letters of even number dated 04.09.2000 & 26.06.2001(copy enclosed).

Railway Board vide letter of even number dated 04.09.2000 have laid down that augmented First Aid Boxes containing specified contents as per list enclosed therewith should be available in long distance trains. Subsequently, list of nominated trains and stations have also been advised to the Zones vide Board's letter of even number dated 26.06.2001 where provision of Augmented First Aid facility was desired to be made available in Phase-I. During informal discussion on state of implementation on availability of Augmented First Aid Boxes including Station First Aid Boxes with specified contents it has been desired that the Zonal Railways should ensure availability of Augmented First Aid Boxes at the desired stations and trains.

It is, therefore, requested that the availability of Augmented First Aid Boxes including Static Boxes containing specified contents may be ensured at all nominated stations and trains. The Officials during their inspections should invariably check the availability of the Augmented First Aid Boxes and laid down contents.

(Dr. S. K. Sabharwal)
Executive Director, Health (G)
Railway Board.

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GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS
RAILWAY BOARD

Annexure B

New Delhi, Dated 4/09/2000

To

Chief Medical Director,
All Indian Railways.

Sub : **Implementation of scheme for provision of Augmented First Aid facilities in 162 Long Distance Trains and Model Stations**

162

Board desires that this scheme of augmented First Aid Facilities in all 162 long distance trains and at all model stations be implemented within a time bound schedule. GMs should ensure the same and confirm having initiated the necessary action. The broad features to be implemented are as under:

Augmentation of First Aid Boxes with Upgraded Facilities/ Equipment - The list has been sent to all CMDs. CCM may ensure availability of First Aid Boxes with rakes and CMD will ensure supply and refilling of medicines and First Aid Boxes as per demand. This will be monitored jointly through an officer nominated for the purpose.

Provision of Upgraded First Aid Boxes at the stations - These are supposed to be available at all Model Stations. The Railways may take steps to ensure that these Boxes are available at nominated places at the Model Stations. Most of the stations already have First Aid Boxes at an easily accessible location which is manned round the clock. While locating these boxes, it must be kept in mind that the location is easily accessible and manned round the clock. There should be suitable indications at the Railway Stations through proper signage/instructions about the location of these Boxes.

The public address system may also be used at appropriate time to inform the public about location of this facility. The recouperment of medicines and other material in the First Aid Boxes should be as per the existing system and if the same is not functioning satisfactorily the DRMs may decide locally for a more effective system.

of First Aid Facilities at 162 long distance trains

162 long distance trains have been identified where it is proposed to provide Upgraded First Aid Facilities/equipments. A list of these trains is enclosed for ready reference.

2. The First Aid Boxes on these trains should be carried from end to end.
3. Provisions of these Boxes would be done by the Medical Department.
4. The location where these First Aid Boxes are to be placed i.e. in the Pantry Car/Upper Class Coach/ etc should be decided by the owning Railways.
5. The emphasis is to put these Boxes on round trip basis and to give them for safe custody with staff who are preferably accompanying the trains at Round Trip.
6. Since a large number of these Upgraded First Aid Boxes of bigger size would be introduced, it would be necessary to create logistics for their proper storage at the concerned Railway Stations. While designing the storage facilities the approval of the concerned medical officer should be taken.
7. Suitable indication may be made in the rakes of these trains to indicate the location of First Aid Boxes.
8. In trains having a public address an announcement may be made at proper time to inform the public about the availability of First Aid Facilities on that train.
9. Since each train has a number of rakes in the circuit and some spare boxes are also required the requirement of total number of Boxes should be assessed jointly by medical, operating and Commercial departments of the Railways.
10. These Boxes should be periodically inspected by medical officer both at Stations and Trains to a schedule to be decided by CMD.

Training of staff

It has been proposed to augment the First Aid Training of various categories of staff who come in contact with the public. Detailed instructions about the training of these categories of staff are being issued separately.

In order to effectively implement these instructions and to achieve results the following action may be taken:

- ◆ At the Head Quarter Level, one officer each from the Medical and Commercial Departments should be nominated for implementation of this scheme. They may co-opt officers of other departments if required.
- ◆ At the Divisional level an officer each from the Commercial and Medical Departments should be nominated to implement the scheme.

Guidelines regarding First Aid Boxes:

All the First Aid Boxes will have 2 parts.

- ◆ One part will have medicines with disposables for easy transport. This Box can be carried from one corner to other of the train. Use of oral medicines may be indicated in a guideline.
- ◆ Second part of the First Aid Box will be kept static. This will consist of equipments which are not frequently used like, splints, tourniquets, oxygen cylinders, portable suction apparatus etc.

It should consist of one Index Card and also card which will indicate the use and date for which medicines are used. This should be filled up in the Remarks column to be filled by custodian of the First Aid Box.

10/9/00

Dr. S.P. Mukhopadhyay
Executive Director/Health

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**REVISED LIST OF CONTENTS OF IMPROVED FIRST AID BOXES
IN LONG DISTANCE TRAINS**

1. MOBILE F.A. BOX (To be loaded at the time of Journey)

Sr No.	Details of contents & components	Quantity
A	To be used by First Alder	
1.	Band Aid Strips(1.9x7.2 cms.)	20 Nos.
2.	Providine Iodine Lotion 100 ml	1 Bottle
3.	Surgi Pad 7.5cmX 20 cm	5 Nos
4.	Soframycin Skin Ointment 25 gms or Antiseptic Crème or Jelly in tube	2 Nos.
5.	Safety Pins in a bunch	10 Nos.
6.	Adhesive plaster (2.5cms x 4/5m)	1 Nos.
7.	Disposable Spirit Swabs	1 box of 20/10
8.	Chloramphenicol Eye Applicaps	1 small bottle of 30
9.	Orohydrate Powder	5 Pkts
10.	Tab Diegene/Antacid	30 Nos.
11.	Anti-inflammatory spray (helex)	1 No.
12.	Antiseptic Spray Dressing	1 No.
13.	Pencil Torch	1 No.
14.	Liquid paraffin drop 5 ml	1 bottle
15.	Voveran-emulgel	1 tube
16.	Otrivin / Nasobion drop	1 Phial

Sr No.	Details of contents & components	Quantity
B	Contents to be used by qualified doctor	
17.	Disposable Syringes 5 ml	5 Nos.
18.	Disposable Needles 23G	5 Nos.
19.	Disposable Needles 21 G	5 Nos.
20.	I.V. Set Disposable.	2 Nos.
21.	Venflow	2 Nos.
22.	Laryngoscope, Adult (1set of attachment for Child also)	1 No.
23.	Sphygmomanometer (aneroid type)	1 No.
24.	Stethoscope	1No.
25.	Tab. Sorbirate 10mg.	10 Tablets
26.	Paracetamol/ Crocin 500mg.	50 Tablets
27.	Paracetamol/Crocin Syrup	1 Phials

	Diclofenac Syrup	1 Phials
	Anti Spasmodic Syrup	1 Phials,
	Anti Spasmodic drop	1 Phials
	Tab Brufen(500mg) / Diclofenac sodium(300mg)	5 Nos.
	Tab Diazepam 5 mgm	5 Nos.
	Nefedipine capsule 10mg. for sub-lingual use (Depin)	10 Cap
	Tab Ranitidine 150mg	10 Nos.
	Tab Domstal (10mg)/ Reglan(10mg/ml)	10 Nos.
	Tab Spasminon (20mgm)	5 Nos.
	Tab Cetirizine 10mgm	5 mgm
	Soluble Aspirin 100/150 mgm.	5 Tablets
	Tab Metronidazole (400mg)+ Furazolidine(20 Nos.
	Tab Salbutamol 4mgm	10 Nos.
38	Inj Adrenaline 1ml	2 amps
40	Inj Etorollin 100mg	2 vials
41	Inj Atropine 1 ml	2 amps
42	Inj Diazepam 5mgm	2 amps
43	Inj Buscopan	2 amps.
44	Inj Pheniramine Maleate 25mgm. / Inj. Avil	2 amps.
45	Inj Deriphyllin	2 amps.
46	Inj Lasix 40mgm.	5 amps.
47	Inj Diclofenac Sodium 3ml ampule, 1ml contents 25mgm.	2 amps
48	Inj Domstal 10mgm. /Reglan 10mgm	2 amps
49	Inj Pentazocine	2 amps
50	Inj. 25% Glucose	5 amps
51	Inj. Ranitidine	2 amps
52	Inj. Buprenorphine -- .03 to .06 mg	2 amps
53		1 ml x 2
54		2 ml x 2
55	Ringers solution - 450ml	1 Bottles
56	Inj. Normal Saline 0.9% 450 ml	1 Bottles
57	Injury Card	1No
58	A pair of gloves (size-7)	1 Pair

Some items of mobile First Aid Box are specified which should be kept in the First Aid Box which are as follows :

Sr No.	Details of contents & components	Quantity
a)	Triangular bandages compressed	2 Nos..
b)	Roller bandage (7.5cms x 4m)	5 Nos.
c)	Esmarch's Tourniquet (Rubber Bandage)	1 Nos..
d)	Splints, Wooden, Extensible Set of 6	1 Set
e)	Plastic Airway Adult and Child (1 each)	2 Nos.
f)	Ambu Bag Adult and Child (attachment)	1 Nos.
g)	Endotracheal Tube disposable	2 Nos.
h)	Curved Artery Forceps 6"	1 Nos.
i)	Scissors surgical Mayo's 6"	1
j)	Needle holder medium size, straight	1 No

Toothed dissecting forceps, medium size	1 Nos.
Chromic catgut with cutting needle	2 Nos.
Suction pump-foot/hand operate (portable)	1 No.
Portable oxygen cylinders with accessories.	1 No.

contents are to be kept in specially designed boxes of 21 inches.